

## Mangosteen (Mangostana garcinia)



The pericarp (purple rind) of the mangosteen fruit contains powerful, life-enhancing bioactive phyto-nutrient compounds, "Xanthones." Xanthones are found nowhere in nature in more abundance and are super-strength anti-inflammatory and antioxidant active compounds with a long list of beneficial properties.

To assure the highest Quality and Bio-Activity we at TFD use our Cellular Fraction-Line Technology (CFL) to provide The Worlds Purest, Full Spectrum Superfood Powders. (Click To Learn more about the CFL Process)



## **Health Benefits:**

- Strong Anti- inflammatory
- High in Antioxidants
- Anti-aging
- Contains catechins, vitamin C, carotene,

proanthocyanidins and polysaccharides

## INTERESTING FACTS

Scientists have demonstrated that compounds in mangosteen directly interrupt the chain of events leading to inflammation as effectively as potent anti-inflammatory drugs but naturally and without adverse side effects.

The flavonoids of dark chocolate, catechins of green tea, Vitamin C of oranges, carotene of carrots, proanthocyanidins of grape seeds and polysaccharides of aloe vera are among the nutrients contained in substantial amounts in the mangosteen rind.

Noted ethnobiologist, Dr. James Duke has identified 210 distinct active ingredients found in mangosteen, each of which play a role in maintaining balance in the human body.

## In-Depth Look

Japanese scientists have demonstrated that mangosteen xanthones directly inhibit the cyclooxygenase (COX) enzyme, thus interrupting the chain of events leading to inflammation. Xanthones contained in the pulp (rind) of the Mangosteen are super strength antioxidants with a long list of beneficial properties and couple with other molecules to become beneficial to many systems in our bodies.

The medicinal effects and pharmaceutical properties of Xanthones have been intensely and thoroughly studied for several

decades. Researchers have demonstrated the positive effects of mangosteen xanthones on cardiovascular health; and noted their antiviral, antibiotic, and

analgesic properties. There is probably not a more well- rounded herbal supplement than mangosteen.

If you want to fight chronic inflammation you can choose no better herb than TFD's CFL activated mangosteen fruit rind powder.